





- and Sant Nicolau
- Cul de la lleona
- City walls
- Houses on the River Onyar
- 🤨 Pujada de Sant Martí
- L'Àngel garden

- Museum
- Cinema Museum
- Art Museum

TOURIST OFFICES

- Tourist Office
- Girona-Gironès Welcome Point

- Gran Ultònia
- 6 Històric
- Melià Girona
- Museu Llegendes de Girona
- Nord 1901
- ***
- Costabella
- Peninsular
- Ultònia







1,1 km 1,6 km

5 12

AP 7

LA DEVESA **GARDENS**

14

9











| 750 m

HISTORIC QUARTER

Girona

City Hall





south exit



High-speed (AVE) train station





WELCOME! get around like a local

Welcome to Girona, a university city on a human scale, friendly, quiet, but with all the attractions of a big city. Girona has many different faces, with a wide range of things to see and do for people of all ages and tastes.

This guide provides a quick and accessible way to discover all the sights and facilities the city offers visitors. A city that is delighted to welcome you!



CONTENTS so you won't wiss a thing!

INFO	Essential Girona	07
	Girona in 1 day	09
	Girona in 2 days	1
	Top 10 must-see attractions	13
CULTURE	Museums to discover	15
	Cinema city	17
	Legends, festivals and traditions	19
LEISURE	Flower Time	2
	365 days to enjoy	23
GASTRONOMY	Three-star gastronomy	25
SHOPPING	Keep Calm & Shopping	27
SPORT	Active and nature tourism	29
	Sports Tourism Destination	3
ACCESSIBILITY	Accessible city	33
CONFERENCES	Conferences with character	35
	Hold your conference in Girona	37
LEISURE	After work like the locals	39
INFO	Connections	4
	Useful telephone numbers	42



Here are our tips to help you move around the city as if you were a local!

Getting around the city is easy when you know how. In Girona's tourist offices you'll find all the information you need to make the most of your stay here.



GIRONA APP | GUIDE TO GIRONA

Two apps with all the information you need about events, shopping, transport and many more services offered in Girona.



FREE WI-FI

The Girona Free Wi-Fi service provides free access at more than 170 points spread across the city.



CLIMATE

Girona enjoys a mild Mediterranean climate. Average temperatures range between 15°C and 19°C.



MONEY

All banks in the city can change money into Euros.



TOURIST OFFICES

Rambla de la Llibertat, 1 - T. 972 01 00 01 Berenguer Carnicer, 3 - T. 972 01 16 69 Email: turisme@ajgirona.cat



GIRONA WALKS. GUIDED TOURS

From March to November, Tuesday to Sunday. Starting every day at 10.15 am at the Girona -Gironès Welcome Point. Duration: 2 h. Price: €12.



LANGUAGE

The local language is Catalan. Spanish is also an official language. Most businesses in the tourist sector also offer their services in other languages, mainly English and French.



TIME ZONE

Girona is located in the UTC+01:00 time zone, the same as Madrid, Paris, Rome, Brussels, Berlin, Warsaw and Copenhagen.



OPENING TIMES

Normal business hours for shops are from Monday to Saturday, 9.30 am to 1.30 pm and from 4.30 to 8.30 pm. Large supermarkets usually open from 10.00 am to 10.00 pm.



GIRONA CITY TOUR

The official city tourist train that follows a panoramic route around the city offering the best views of Girona. With audio guide available in nine languages.



We suggest two routes brimming with ideas for discovering the city under your own steam, you decide!



HOUSES ON THE RIVER ONYAR

There are days that you will remember for the rest of your life, like the one that starts with crossing the River Onyar on one of its bridges: the Pont de les Peixateries Velles, designed by Gustave Eiffel in 1827, the Pont de Pedra or the slender Pont d'en Gómez. A route set against the colourful backdrop of the painted facades of the houses looking over the river. Get your camera ready for one of the most powerful and unique images of Girona.

11.00 am

CUL DE LA LLEONA

Every city has its own popular traditions and legends. In Girona we guarantee you'll be back to visit us, as long as you remember to kiss a certain animal on the bottom! The animal in question is a lioness, a sculpture that reproduces the original limestone version, which you will find on your way to the church of Sant Feliu.

12.00 am

ARAB BATHS

Continue the route around historic Girona and make a stop at the Arab Baths which, despite the name, is actually a Romanesque construction inspired by Roman baths. Its most outstanding feature is the dome resting on slender columns which covers the central pool.



1.00 pm

AVANT-GARDE CUISINE

After such an attractive and varied route, stop for a while in the historic quarter and enjoy another local gem, its gastronomy, in one of the city's numerous restaurants. Girona is renowned for its great culinary dynamism, with both classic and modern styles as exemplified by the internationally acclaimed restaurant El Celler de Can Roca, which holds three Michelin stars and has been named best restaurant in the world twice by *Restaurant Magazine*.







4:00 pm

SHOPPING

Set aside the afternoon to go shopping in the city, strolling around the Eixample commercial district. Here you will find everything from typical neighbourhood shops to boutiques selling the very latest fashions and prestigious international brands.

7.00 pm

DINNER AND DRINKS IN THE HISTORIC QUARTER

In the evening, when the day is done or is just getting started, relax on one of the terraces in Plaça Independència or Plaça Sant Feliu. Bars and restaurants in unbeatable surroundings.

GIRONA



10.00 am

LLEÓ MARKET

Where do most of the products that supply local kitchens in both private homes and bars and restaurants come from? From Lleó market. the distribution centre for fresh produce in Girona. Get there early in the morning and enjoy the colourful stalls filled with fruit and vegetables, meat and fish.

10.30 am

STROLL ALONG THE OLD CITY WALLS

Not far from the market, on the other side of the river, climb up the old city walls to enjoy the best views over the city. Walk along this structure that encloses the historic and monumental centre of Girona, and have your camera ready, because you will want to immortalise each step along this centuries-old construction.

12.00 am

CATHEDRAL

Leave the city walls through the Francesa gardens and walk up to the cathedral, but only if you are willing to do a little exercise! To reach this temple, which boasts the widest Gothic nave in the world, you'll have to climb the 90 steps of the staircase leading up to the main door.





1.00 pm

LOCAL CUISINE

All that walking must have given you an appetite... But before you sit down to lunch in one of the area's many restaurants and cafes, perhaps you'd like to try one of Girona's typical products: the xuixo. A pastry filled with creamy custard that you will find in bakeries and patisseries. Alternatively, if you prefer something less sugary, try a Girona apple, a fruit with its own denomination of origin.







SOUVENIRS

Complement your first day's purchases with another afternoon of shopping. This time take a look around the historic quarter, where the narrow streets, squares and ramblas are full of exclusive shops and top global brands.

11.00 pm

NIGHTLIFE

After a delicious dinner, such a full day deserves a great ending. You can enjoy another drink while sitting on a terrace or lap up the music and atmosphere of one of the many bars in the centre of Girona.



TOP 10 wyst-see attractions

Girona, one of the most interesting historic cities in Catalonia, invites visitors to trace its more than 2000 years of history through two fortified enclosures, the Forca Vella and the medieval guarter. The Forca Vella dates back to the Roman foundation while the medieval extension of the city walls was carried out during the 14th and 15th centuries. The city's numerous monuments preserve some outstanding artistic heritage.

......

The highlights of Girona are rounded off by the impressive old Jewish Quarter or Call, with its beautiful streets and porticoed squares. with hidden gardens and surprises around every corner, such as the Noucentisme-style buildings by architect Rafael Masó.



BASÍLICA **OF SANT FELIU**

Girona's first cathedral until the 10th century. This fine example of the Gothic style is known for its slender bell tower.



OLD JEWISH QUARTER

CATHEDRAL

Built between the 11th

and 18th centuries, the

cathedral is a blend of

Romanesque, baroque

and be amazed by the

widest vaulted Gothic

nave in the world

and Gothic styles. Come

Made up of a labyrinth of narrow streets and courtvards that have maintained their medieval atmosphere, Girona's Call is one of the best preserved Jewish quarters in the world.



ARAB BATHS

A singular Roma-



SANT PERE GALLIGANTS AND SANT NICOLAU

A large temple which was originally a Benedictine monastery. Today it houses an archaeological museum which is a must-see if you want to enjoy one of Catalonia's most important Romanesque sites.



CUL DE LA LLEONA

According to popular tradition, we can guarantee that you will return to Girona as long as you plant a kiss on the lioness' bottom. An obligatory stop for all visitors to Girona



CITY WALLS

A unique walkway along the Romanesque walls, which were extended in medieval times. An excellent vantage point offering views over the city and the surrounding areas.



AND BRIDGES ON THE RIVER ONYAR

The River Onyar offers one of the most emblematic images of Girona: brightly painted façades and bridges like the slender Pont d'en Gómez and the Pont de les Peixateries Velles (1827). which was built by the Eiffel company



PUJADA DE

One of the spaces in Girona where time seems to stand still. A magical place framed by the church of the former Sant Martí convent and the Agullana palace, with its unique



L'ÀNGEL GARDEN

This small urban garden, located in Carrer de l'Àngel, is a little-known space, tucked away from the hustle and bustle and the perfect spot to relax in. An oasis of calm where you can recharge your batteries and take a breather.







MUSEUMS to discover

One of the best ways to learn about the history of the city and its evolution over the centuries as well as its relationship with the different civilizations that have dominated old Europe is to visit its museums. Six museums with a discourse that will lead you inside ancient Girona through the valuable heritage on display.



VISIT GIRONA'S MUSEUMS WITH A DISCOUNT!

With the M6 Ticket you can visit all of the city's museums at a special price. Visit the first museum, pay the normal entrance price, then enter all the others with a 50% discount.



Carrer de la Força, 8 · 17004 Girona T. 972 216 761 · Email callgirona@ajgirona.cat

This museum tells the story of the medieval Jewish communities in Catalonia, paying particular attention to Girona. On display is a unique collection of medieval Hebrew tombstones from the Jewish cemetery of Montiuïc.





Carrer de la Forca. 27 · 17004 Girona T. 972 222 229 · Email museuhistoria@aigirona.cat

Housed in an old Capuchin monastery (18th century), this museum tells the story of Girona, from its foundation by the Romans (1st century BC) to the return of democracy from 1975 onwards





Placa de la Catedral · 17004 Girona T. 972 427 189 Email visites@catedraldegirona.org

This museum houses important works of religious art, such as the Beatus Codex (10th century), the famous Creation Tapestry (12th century), a valuable collection of Gothic sculptures, paintings and silverware and the Renaissance altarpiece of St. Helena (16th century).



Carrer de la Séguia. 1 · 17001 Girona T. 972 412 777 · Email info@museudelcinema.cat

Housed in the old Casa de les Aigües, a central location in the Mercadal district, this museum exhibits Tomàs Mallol's valuable collection of pre-cinema pieces, from the first moving images from shadow theatres to todav's cinema.



Carrer de les Ballesteries, 29 · 17004 Girona T. 972 413 989 · Email info@rafaelmaso.org

The house where Rafael Masó (1880-1935) was born, one of his most important architectural works and the only one of the famous houses over the River Onyar that is open to the public.





Pujada de la Catedral, 12 · 17004 Girona **T.** 972 203 834

Email museuart girona.cultura@gencat.net

Located in the incomparable setting of the former Episcopal palace, which was modified and enlarged between the 10th and 18th centuries. the Art Museum contains a valuable collection of art from the province of Girona.

CINEMA

Descend the steps of the temple that Cersei Lannister blew sky high or roam the streets where Arya Stark ran for her life. There is no doubt that the recording of part of the sixth season of Game of Thrones, with all its global impact, has firmly positioned the city in the imaginations of many fans of this blockbuster series.

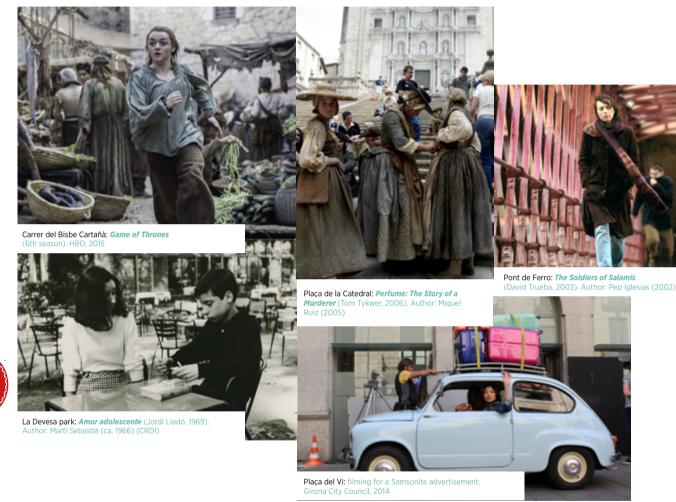
But Girona not only forms part of the land of the Lannisters and company. The city's relationship with the world of television and cinema dates back more than a century and it has been chosen as the setting for stories based on real events and for the most incredible fiction.

Thanks to its heritage, urban layout and architectural styles, Girona provides the perfect backdrop for filming movies, series and advertisements.

GAME OF THRONES EXPERIENCE

GEL FOO The Association of Girona Guides offers visitors guided tours around the locations that have appeared in the famous television series. Information and reservations available by email (puntdebenvinguda@ajgirona. cat) or telephone (972 211 678).





JIRDNA D

legends, festivals AND TRADITIONS

symbol of

Girona

FESTIVALS AND TRADITIONS

In Girona, there are festivals and traditional events happening throu-

ghout the year. Some of the most important include the Manaies (Roman legionaries) parade at Easter, the Sant Jordi book and rose fair, the Girona Flower Time exhibition and the festivities in honour of Sant Narcís, the city's patron saint, celebrated around 29 October.

SPRING FESTIVAL, TARLÀ FESTIVAL

George's Day, on 23 April, in Carrer de l'Argenteria. One of the most characteristic and popular features is the presence and evolution of the Tarlà, a figure who turns somersaults on a bar hung over the street. This character is linked to a very old celebration that combined religious devotion with carnival fun.





LEGENDS

Legends, traditional stories and anecdotes are popular chronicles of city life. Girona has many of these. Here we highlight two in particular:

THE WITCH OF THE CATHEDRAL

A long, long time ago in Girona there was a woman dedicated to the diabolical art of witchcraft who would throw stones at the cathedral to demonstrate her hatred of religion. One day, by divine powers, the witch was turned into a stone gargoyle and fixed to the highest part of the temple walls so from that moment onwards, rather than expletives and curses, only clean water falling from the clouds would spew from her mouth.

COCOLLONA

It is said that when there is a full moon over the River Onyar, just before dawn, when ghosts become visible, truly sensitive people can see the semi-transparent and blurry spectre of a crocodile with butterfly wings swimming up and down, until it disappears with the first rays of the sun.





Manaies Easter





SAINT GEORGE'S DAY | 29 OCTOBER SANT NARCÍS FAIR AND FESTIVAL

FLOWER TIME the spring capital

Visiting historic and ancient Girona is a must at any time of the year, but if you visit us in May you can enjoy Girona Flower Time, a ten-day festival that fills the city's most charming corners and gardens with flowers and artistic creations.

After sixty editions, Girona Flower Time is still decorating the city with more than 160 floral displays that, for a few days each year, turn Girona into the Catalan spring capital.





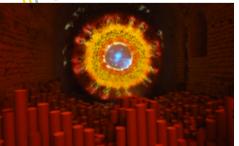


















three-star GASTRONOMY

Eating out in Girona is an authentic pleasure. In addition to being the home of El Celler de Can Roca, which, with three Michelin stars, is one of the best restaurants in the world, the city also offers a wide variety of small establishments and large restaurants serving Mediterranean cuisine prepared with high-quality ingredients. With options at all price points and creations ranging from cutting-edge cuisine to simple hamburgers as well as the most traditional cooking, Girona's gastronomy always leaves a good taste in your mouth.



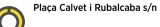






LLEÓ MARKET

Monday to Friday, from 7 am to 3 pm Friday afternoon, from 5 pm to 8 pm Saturday and the eve of public holidays, from 7 am to 3 pm



SPECIAL EVENTS





Jordi Roca El Celler de Can Roca restaurant and the world's best pastry chef 2014

How does Girona make you feel?

It fascinates me. I normally go from one place to another, but for me Girona is the only place in the world where strolling around makes perfect sense

Which place in Girona do you always show to visitors/friends?

After visiting the historic quarter, the cing on the cake is the banks of the River Ter from La Devesa park and the valkway that leads to Fontajau. It is a antastic natural site in the middle of he city.

What flavour does Girona have?

Thinking of the historic quarter, the taste would be baked apple and bergamot ice cream. Baked apple because it has a warm, mellow heart when you break through the membrane of cold ice cream. The tart, perfumed touch of the bergamot – I once saw a bergamot tree in a courtyard in the historic quarter – represents the bohemian artistic and dreamy quality of its people. The sour taste is us knowing how to laugh at ourselves. In fact, we have an ice lolly, El Cul de la Lleona, flavoured with baked apple and bergamot.

FEBRUARY TRUFFLE GASTRONOMY FAIR I APRIL CRAFT BEER FAIR I MAY GASTROFLORS

I MAY TOCS DE VI DE L'EMPORDÀ WINE FAIR I NOVEMBER TAPA'T



keep calm & GO SHOPPING

Quiet streets, a historic centre with urban labyrinths that invite you to wander around and discover a city full of history and life. Girona is perfect for shopping in a calm and relaxing way. In the historic quarter you will find a wide range of traditional and family shops and businesses, as well as exclusive, designer and original boutiques. But shopping in Girona extends outside the historic centre too: take a stroll and shop calmly in the Eixample area or try the Santa Eugènia district with its weekly market, or the Sant Narcís district, whose art and music market is a real gem.

LA VOLTA MARKET - Plaça Assumpció

On the second Saturday of every month, the porticoed square in the Sant Narcís district is transformed into a market selling art, new handicrafts and creative designs complemented by concerts, workshops, etc.



HISTORIC QUARTER













JANUARY FIRAREBAIXA I MAY-JUNE STREET MARKETS I JUNE FASHION WEEK

I JULY CHIC & CHEAP NIGHT MARKET

HISTORIC

QUARTER

ACTIVE and nature tourism

Enjoy with your family a city that merges into unique natural spaces. Come and experience a few days in an urban oasis set in incomparable natural surroundings perfect for practicing active and healthy tourism.

With routes that take you from the historic city centre to Sant Miquel mountain, crossing the Sant Daniel valley, to enjoy a view that extends all the way to the Pyrenees, or that allows you to discover the two largest urban parks in Girona: La Devesa and Ribes del Ter. The first covers an area of over 40 hectares and boasts more than 2000 hundred-year-old trees.

ORIENTEERING CIRCUITS

Discover the nature surrounding the city on the orienteering circuits you'll find at the Tourist Office. A map, lots of tracks and hours of fun for the whole family. When you finish, you will receive a gift from the tourist office as a reminder of your adventure around Girona.

These and many other special activities will make your stay in Girona a unique experience for you and your family.











SPORTS

Girona is a perfect city as a sports tourism destination thanks to its charm and beautiful surroundings, its sports facilities and its human dimension. If you add to this its range of modern, well-prepared accommodation, it's no surprise that many professional teams and sportspeople frequently choose the city as their base for training stays.

Check the cycling, mountain bike and running routes. They can be downloaded free of charge from the Wikiloc app.







de 730 km

13 mountain bike routes

890 km Pirinexus + greenways

342,69 km + 100 km

Accessible routes from Girona to the Pyrenees and the Costa Brava











Marta Xargay basketball player. Winner

How does Girona make you feel?

Which place in Girona do you always show to visitors?

Why do you think that Girona attracts sportspeople?











FEBRUARY GREENWAYS MARATHON I APRIL MOUNTAIN BIKE CHALLENGE I APRIL PIRINEXUS

360 CHALLENGE I OCTOBER WOMEN'S RACE I DECEMBER SANT SILVESTRE GIRONA

ACCESSIBLE

We strive to make Girona an inclusive city for everyone, residents and visitors alike. A city that is prepared for you to enjoy it, whatever your physical condition. Without barriers. This has been made possible through the concerted efforts of the local administration and private organisations whose goal is to guarantee the accessibility of Girona's main tourist resources and services.

Download the guide - APP with all the routes and videos.



















GIRONAPASS | 33 EIXAMPLE

CONFERENCES with character

There are many cities in the world capable of hosting conferences, but only Girona can do it with such flair. With its unique and singular venues, such as the courtvard of the Jewish History Museum or the fover of the Municipal Theatre, which, due to their location in the city's historic quarter, add a rather distinctive touch to any event.

Extraordinary spaces that are transformed to hold gala dinners, cocktail parties and other exclusive events that make any conference a special and memorable experience.

And most importantly, all of this is located just a short walk away, allowing you to get around without needing a vehicle.

Check the calendar and all the information at: www.gironacongressos.org





@palco_gi

Congressos de Girona



ICCA | MPI | ECM | CCB | CBGCB | SCB | APCE

















Ramon Brugada Cardiologist. researat the University of Girona (UdG) and

Què t'inspira Girona?

Which place in Girona do you always show to visitors?

You have organised and taken part in conferences in the city. Why should we choose Girona?

many leasons FOR HOLDING A CONFERENCE IN GIRONA

Global tourism recognition



2 Ancient historic city

3 Unbeatable geographical location

city with more than 20 international

Varied landscapes

5 Unique cuisine

6 Quality accommodation

Girona Conference Centre

8 Extensive experience

9 Excellent hospitality and a warm welcome

AFTER WORK like the locals

What do the locals do when they finish their daily routines? Where do they go? How do they live and see the city? Here are a few suggestions to help you move around the city like a genuine insider.

- Stroll around the historic quarter and La Rambla eating an ice cream.
- Wander the streets of the centre and discover original shops hidden away in the stone labyrinths.
- Relax with a drink on one of the terraces in the historic quarter or admiring the views from a hotel rooftop.

- Learn all about authentic Catalan gastronomy with a show cooking workshop.
- Go running around this ancient city's most emblematic areas.

Which means:

Shall we go for a drink?

 Experience the night in the most vibrant bars and clubs, whether enjoying a concert or dancing to the latest music.













CONNECTIONS a step away from everything!

Girona maintains the charm of a small city in an unbeatable setting and with a modern and efficient transport network. It is easy to access the city from any part of Spain or Europe, by air, rail, road or sea.



BY AIR

Girona-Costa Brava Airport. with national and international flights, is located just 15 km from the city. There is also the option of flying to Barcelona-El Prat International Airport, located 100 km from Girona and with excellent road links.



BY ROAD

Girona is connected by motorway (AP-7) with various Spanish and French cities. In addition, the network of public buses and coaches also links the city with the different airports and cities in the province.



BY TRAIN

The high-speed train connects the city with both national and international destinations.

Girona - Barcelona: 37 min.

Girona - Madrid: 3 h 30 min.

Girona - Toulouse: 2 h 30 min.

Girona - Paris: 5 h 30 min.









useful TELEPHONE NUMBERS



EMERGENCIES

112



POLICE

092 / 972 419 092



MEDICAL EMERGENCIES

112 / 061



GIRONA CITY COUNCIL
- CITIZENS' HELPLINE

972 419 010



LOST CREDIT/DEBIT CARDS

Visa - Master Card 900 971 231 American Express 902 375 637 4B Network 902 114 400



RENFE - ADIF TRAINS

902 24 02 02



TAXI GIRONA

972 222 323

GIROTAXI

627 440 440



BUS STATION

972 212 319



GIRONA - COSTA BRAVA AIRPORT

972 186 600

share your experience









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Girona Turisme TV



CREDITS

Published Girona City Council
Design and production Minimilks

Correction Consorci per a la Normalització Lingüística de Girona

Translation Traduccions Link
Printing Nexe Impressions
Legal Deposit DL Gi 1550-2016

Photography

Alberto Nevado, Andrea Ruiz, Aniol Resclosa, BASÍLICO STUDIO, Carles Palacio, Dani Vila, David Borrat, David Ruano, Eddy Kelele, El Beso Photography, Francesc Tur, J. Curto, Jaume Llorens, Joan Castro, Joan Cebria, Joan Sabater, Jordi Puig, Jordi Roca, Jordi S. Carreras, Jordi Soler Font, Lluís Serrat, Marc Martí, Maria Geli – Pilar, Marina Saenz de Pablo, Martí Artalejo, Michael Kolesky, Öscar Vall, Patitucci Photo, Quim Puig, Pere Duran, Rafel Bosch, Ramon Puig, Ruben Garcia, Toni Vilches.

Images granted by

Agència Catalana de Turisme, Ajuntament de Girona. CRDI, Celler de Can Roca, Club Tennis Girona, FEB, Festival d'Art Independent Pepe Sales, Fundació Gala Salvador Dalí, GEIEG, Girona Film Office, Gran Hotel Ultònia, Incatis, Miquelets de Girona, Museu d'Aqueologia Catalunya – Girona, Museu d'Art de Girona, Patronat de Turisme Costa Brava Girona, Tempo sota les estrelles. Universitat de Girona.





www.girona.cat/turisme