




DESTINATION HOTELS

Girona has a range of hotels adapted to suit the needs of athletes, offering specialised services.

HOTELS				Sport Tourism Destination label services
CARLEMANY ****	✓	✓	✓	✓
CIUTAT DE GIRONA ****	✓	✓	✓	✓
GRAN ULTÒNIA ****	✓	✓	✓	✓
MELIÀ GIRONA ****	✓	✓	✓	✓
PENINSULAR ***	✓			✓
ULTÒNIA ***	✓	✓	✓	✓
IBIS GIRONA NORD **	✓	✓	✓	✓

SPECIFIC SERVICES

- Flexible mealtimes
- Prepared picnic lunches for athletes
- Basic replacement footwear to go to the room
- Brush for cleaning athletic footwear
- Sport clothing laundry service
- Closed and secure parking area for bicycles
- Workshop with basic repair tools
- Hose for cleaning bicycles
- Sale of energy products
- Possibility of acquiring spare parts



TOP INFLUENCERS

Jan Frodeno

«My wife and I explored Europe looking for the perfect place. It's not easy to find a city in which you can run, cycle, swim... But we saw that Girona had it all. Plus, every year there are more and more specialist centres and services for elite athletes», explains Frodeno, who can often be seen swimming in the GEiEG's Olympic pool, working with the people at Cenit, going to SportCat or jogging along the Vies Verdes (Greenways).

German triathlete Jan Frodeno spends part of his year, about seven months, in Girona. During the coldest months, he heads to his wife's country, Australia. Frodeno is considered the greatest specialist in the Ironman world, winning the title of world champion in 2015 and the Ironman in 2016. In addition, as a triathlete he won the gold medal at the 2008 Beijing Olympics.



Pory Sutherland

A professional cyclist who has settled in Europe. This Australian athlete chose Girona because «it's the perfect city, first because it's a good place to live with my wife and kids, and second, because it's in a perfect area for cycling. There's no question that Girona is currently the European cycling capital. Also because of the people and the quality of life, we're really happy here».

Sutherland is fully immersed into life in Girona, even to the point that he's the co-owner of a restaurant in Barri Vell, the old part of the city.

DL GI 280 - 2018



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girona.cat/DTE
972 010 001
dte@ajgirona.cat



@GironaEnjoyBiking
@girona_biking



@GironaEnjoyRunning
@girona_running



GIRONA ENJOY SPORT

RUNNING
CYCLING
ATHLETICS

SWIMMING
TENNIS
TRIATHLON

Whether it's because of its charm and surroundings, its sports facilities or its human dimension, Girona is the perfect destination for sports tourism. If we add that it has a wide range of modern, fully equipped hotels available, it's easy to understand why many teams and professional athletes choose the city as a place to stay and train.

CYCLING COMPANIES

BIKE BREAKS GIRONA www.gironacyclecentre.com

C. dels Mercaders, 14. 17004 Girona | 972 205 465
info@gironacyclecentre.com | [f](#) [t](#) [@](#) @bikebreaks

CICLOTURISME.COM www.cicloturisme.com

C. de Santa Eugènia, 11. 17005 Girona | 972 221 047
info@cicloturisme.com
[f](#) [t](#) [@](#) @CicloTurisme [@](#) @Cicloturisme_com

THE SERVICE COURSE www.theservicecoursegirona.com

C. del Nord, 10. 17004 Girona | 972 665 406
info@theservicecourse.cc | [f](#) [t](#) [@](#) @theservicecourse

CUSTOMISED EVENTS

MUNICIPAL SPORTS SERVICE www.girona.cat/esports

972 226 136 | coordinacioactivitatessports@ajgirona.cat
[t](#) [@](#) @esports_gi [f](#) esports.girona

GEIEG www.geieg.cat

972 234 459 | comercial@geieg.cat | [f](#) [t](#) [@](#) @geieg1919

CLUB TENNIS GIRONA www.gironatennispro.cat

C. d'Aragó, 58. 17003 Girona | 972 201 083
info@tennisgirona.cat
[f](#) @ClubTennisGirona [t](#) @CTGirona [@](#) @clubtennisgirona

ADDITIONAL SERVICES

SPORTCAT www.sportcat.cat

Av. de Lluís Pericot, 76. 17003 Girona
972 208 528 / 625 634 531 | info@sportcat.cat
[f](#) sportcatsportsmedicine [t](#) @Sportcatcat [@](#) @sportcat.cat

CENTRE CENT www.centrecenit.com

C. de Can Pau Birol, 35. 17005 Girona | 972 242 805
girona@centrecenit.com | [f](#) [@](#) @CentreCenit

TOP RACES IN 2018

4TH GIRONA MTB CHALLENGE

29, 30 - April and 1 - May
DISTANCE 3 STAGES: 60/80/50 KM
info@klassmark.com
www.gironamtbchallenge.com

2TH SEA OTTER EUROPE - BIKE SHOW - COSTA BRAVA GIRONA

8 to 10 - June



A cycling, outdoor sports and exhibition festival. It combines the trade fair area with competitions, displays and activities related to cycling.

seaottereurope@seaottereurope.com
www.seaottereurope.com

4TH THE PIRINEXUS 360 CHALLENGE

9 - June
DISTANCE: 350 KM
info@gioutdoor.com
www.thepirinexus360.com

5TH GIRONA CYCLING FESTIVAL - GIRONA GRAN FONDO

11 to 17 - June



DISTANCE: CLIMB UP TO ELS ÀNGELS SHRINE / NOCTURNAL CYCLE RACE / 125 KM
ride@gironagrandfondo.com
www.gironagrandfondo.com

LA GERUNDONA

30 - September
DISTANCE: 50/80 KM
info@elsbandolers.cat
www.elsbandolers.cat

20TH LA TRAMUN UCI MTB MARATHON WORLD SERIES

14 - October



DISTANCE: 33/68 KM
info@latramun.cat
latramun.cat



BIKING

6TH MARATHON VIES VERDES

18 - February



DISTANCE: 10/21/30/42 KM
info@maratonviasverdes.com
www.maratoviesverdes.cat

5TH DUATHLON DE GIRONA

4 - March
DISTANCE: 5/25/2 KM
esportiu.tgcb@gmail.com
www.triatlogironacostabrava.cat

55TH ASCENT TO ELS ÀNGELS

18 - March
DISTANCE: 9,2 KM
activitats.socials@geieg.cat
www.geieg.cat

8TH TRAIL WALKER OXFAM INTERMON

14, 15 - April
DISTANCE: 100 KM
info@oxfamintermon.org
trailwalker.oxfamintermon.org

5TH GIRONA WOMAN RACE

7 - October



DISTANCE: 5 KM
info@cursadeladona.com
www.cursadeladonagirona.com



RUNNING

40TH "CARRER NOU" RACE

21 - October
DISTANCE: 5/10 KM
info@gironacentre.org
cursacarrernou.cat

8TH GIRONA MOUNT RACE AND TRANSGAVARRES

18 - November



DISTANCE: 15/24/54 KM
info@klassmark.com
www.cursademuntanyadegirona.com

HALF MARATHON CIUTAT DE GIRONA

25 - November
DISTANCE: 21,097 KM
activitatessports@ajgirona.cat
www.girona.cat/esports

14TH SANT SILVESTRE DE GIRONA 9TH MINI SANT SILVESTRE

31 - December
DISTANCE: 5 KM / MINICURSES
activitatessports@ajgirona.cat
www.girona.cat/ssilvestre

